



Milk, grain, fruit, meat or meat alternative

BREAKFAST



Menu subject to change. For any feedback please
 contact us directly at menu@luncherasdisi.com



Monday	Tuesday	Wednesday	Thursday	Friday
<p>08/26/2024</p> <p>Eggo Mini Maple WW Waffles (V) Syrup Maple (ss) Apples Choice of Milk</p>	<p>08/27/2024</p> <p>Homemade Spiced WW Pear Bread (V) Fresh Tangerines Choice of Milk</p>	<p>08/28/2024</p> <p>WG Cereal Corn Flakes (V/VG) Bananas Choice of Milk</p>	<p>08/29/2024</p> <p>WG White Bagel w/ Egg Fried & Cheese (V) Fresh Oranges Choice of Milk</p>	<p>08/30/2024</p> <p>WG Sandwich w/ Jelly & Sunflower Butter (V/VG) Fresh Pears Choice of Milk</p>
<p>09/02/2024</p> <p>NO SCHOOL TODAY</p>	<p>09/03/2024</p> <p>Cereal WG Cheerios (V/VG) Bananas Choice of Milk</p>	<p>09/04/2024</p> <p>WG English Muffin & Chicken Patty English Muffin w/ Meatless Patty (V/VG) Fresh Oranges Choice of Milk</p>	<p>09/05/2024</p> <p>WW Taco Breakfast incl. (Egg, Cheese & Tkey Bacon) Taco Bk. w/Tofu, Vegan Ch. & Veggie Crumbles (V/VG) Apples Choice of Milk</p>	<p>09/06/2024</p> <p>Carrot - Pineapple WG Loaf (V) Fresh Pears Choice of Milk</p>
<p>09/09/2024</p> <p>Cinnamon Toast Crunch Cereal (V/VG) Yoplait Yogurt Apples Choice of Milk</p>	<p>09/10/2024</p> <p>Turkey Sausage Patty & WG Pancakes Veggie Patty & WG Pancakes (V) Syrup Maple (ss) Bananas Choice of Milk</p>	<p>09/11/2024</p> <p>Egg Cheese Bite Round (V) WG Biscuit Fresh Tangerines Choice of Milk</p>	<p>09/12/2024</p> <p>WG Banana Muffin (V/DF) Fresh Oranges Choice of Milk</p>	<p>09/13/2024</p> <p>Yogurt Crispy Cup Cereal w/ Peaches & Pineapple(V) Choice of Milk</p>
<p>09/16/2024</p> <p>WG Croissant w/ American Cheese(V) Apples Choice of Milk</p>	<p>09/17/2024</p> <p>Waffle Omelet w/ Cheese & Turkey Bacon Waffle Omelet w/Cheese(V) Bananas Choice of Milk</p>	<p>09/18/2024</p> <p>Cereal Cheerios Multigrain (V/VG) Fresh Pears Choice of Milk</p>	<p>09/19/2024</p> <p>WG French Toast Sticks (V/VG) Syrup Maple (ss) Fresh Tangerines Choice of Milk</p>	<p>09/20/2024</p> <p>Banana Berry Yogurt WW Muffin (V) Fresh Oranges Choice of Milk</p>
<p>09/23/2024</p> <p>Turkey Patty & WG Biscuit Veggie Patty & Biscuit -V Fresh Tangerines Choice of Milk</p>	<p>09/24/2024</p> <p>Eggo Mini Maple WW Waffles (V) Syrup Maple (ss) Apples Choice of Milk</p>	<p>09/25/2024</p> <p>Homemade Spiced WW Pear Bread (V) Fresh Oranges Choice of Milk</p>	<p>09/26/2024</p> <p>WG Cereal Corn Flakes (V/VG) Fresh Pears Choice of Milk</p>	<p>09/27/2024</p> <p>WG White Bagel w/ Egg Fried & Cheese (V) Bananas Choice of Milk</p>

09/30/2024

WG Sandwich w/ Jelly &
Sunflower Butter (V/VG)
Fresh Pears
Choice of Milk

10/01/2024

WG Chai Cheesecake
Muffin (V)
Fresh Tangerines
Choice of Milk

10/02/2024

Cereal WG Cheerios (V/VG)
Bananas
Choice of Milk

10/03/2024

WG English Muffin
& Chicken Patty
English Muffin w/
Meatless Patty (V/VG)
Fresh Strawberries
Choice of Milk

10/04/2024

Carrot - Pineapple
WG Loaf (V)
Apples
Choice of Milk

Must serve all three (3) components for reimbursable meal. MILK: 6 oz (unflavored 1% or fat free), % serving of grain, 1/2 cup of vegetables or fruits.

Available Choice of Milk: Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request).

Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (MD/PA/WV).

**Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.
WG = Whole Grain WW = Whole Wheat**

Please reach out to us if you have questions or comments at menu@luncherasdisi.com

Aug 14, 2024