

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

Menu Name: BRIYA - Lunch- PreK3-PreK4 **Include Cost:** No
Site: **Report Style:** Detailed
Use Alternate Menu Name: No

Monday - 08/26/2024 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991146 WG Pasta w/ Meatballs-Tyson-3/4cup: R:3/4	SERVINGS (5 MB)	100	487	5.34	513	9	*0	20.66	0.00	45
991968 V/VG- WG Pasta w/ Veggie Meatballs 3/4cup: R:3/4	SERVINGS (5 MB)	1	5	0.04	6	0	*0	0.14	0.00	0
992548 TANGERINES,FRESH - 1/2 cup (150 ct)	1 (150ct p/cs)	100	64	0.05	2	13	*N/A*	0.37	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			655	6.17	651	*35	*0	22.42	0.00	55
% of Calories				8.48%		*21.4%	*0%	30.8%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Tuesday - 08/27/2024 Reimbursable Meal Total 100

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992357 Lime Chicken Bl. Bean & Rice 3/4 cup:L:1/2,OT:1/4	serving	99	476	1.00	339	*3	*0	9.55	*0.00	40
992358 V/VG-Lime Chic. Bl.Bean & Rice 3/4cup:L:1/2,OT:1/4	serving	1	5	0.00	4	*0	*0	0.09	*0.00	0
990384 WATERMELON,CHUNKS - Half Cup	1/2 cup	100	23	0.01	1	5	*N/A*	0.11	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			604	1.77	474	*20	*0	11.01	*0.00	50
% of Calories				2.64%		*13.2%	*0%	16.4%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Wednesday - 08/28/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991282 Chicken WG Philly Sub 1/2cup: OT:1/2	1 sandwich	99	317	1.28	334	5	*N/A*	12.86	0.00	41
991755 V/VG-Veggie Philly Sub 1/2cup: OT:1/2	1 sandwich	1	3	0.01	5	0	*0	0.13	0.00	0
992394 CORN: frozen, yellow - 1/4cup: S:1/4	1/4 CUP	100	57	0.00	0	5	*0	0.57	0.00	0
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*N/A*	0.13	0.00	0

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			515	2.05	470	*31	*0	14.93	0.00	51
% of Calories				3.58%		*24.1%	*0%	26.1%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Thursday - 08/29/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
000018 Mango Chicken Wraps -3/4cup DG:1/2,OT:1/4	Wraps	99	345	1.60	311	8	*N/A*	8.96	*0.00	44
992620 V/VG-Mango Chicken Wraps -3/4cup DG:1/2,OT:1/4	Wraps	1	4	0.02	6	0	*0	0.16	0.00	0
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	7	*N/A*	0.10	0.00	0
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			489	2.38	448	*28	*0	10.47	*0.00	54
% of Calories				4.38%		*22.9%	*0%	19.3%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Friday - 08/30/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
990665 Turkey Mozzarella Burger	3.5 oz	99	491	8.20	1105	*4	*4	30.24	0.00	89
992265 V/VG Vegan Burger -	serving	1	3	0.00	8	0	*0	0.07	0.00	0
000279 Roasted Potatoes - 3/4cup: S:3/4	3/4 cup	100	176	0.38	8	*0	*N/A*	4.78	0.00	0
000222 KETCHUP: individual	9 gr	100	10	0.00	25	2	*N/A*	0.00	0.00	0
991007 Banana - 1/2 cup (1 Banana)	1 Bananas	100	105	0.13	1	14	*N/A*	0.39	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
Weighted Daily Average			884	9.46	1277	*33	*4	36.73	0.00	99
% of Calories				9.63%		*14.9%	*1.8%	37.4%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Monday - 09/02/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
000145 NO SCHOOL TODAY										
Weighted Daily Average			0	0.00	0	0	0	0.00	0.00	0
% of Calories				0%		0%	0%	0%	0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Tuesday - 09/03/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991411 V- Caprese WG Pasta 3/4cup: R:1/2, OT:1/4	serving	99	436	7.55	554	*9	*1	15.06	*0.00	38
992622 VG/DF- Caprese WG Pasta 3/4cup: R:1/2, OT:1/4	serving	1	4	0.10	7	*0	*0	0.15	*0.00	0
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*N/A*	0.13	0.00	0

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			579	8.42	691	*30	*1	16.58	*0.00	48
% of Calories				13.09 %		*20.7%	*0.7%	25.8%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Wednesday - 09/04/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992605 Turkey WW Burrito w/Bl. Beans 3/4cup: R:1/4, L:1/2	10" Tortilla	99	549	5.82	580	*8	*0	18.91	0.00	105
992607 V/VG- WW Burrito w/Bl. Beans 3/4cup: R:1/4, L:1/2	10" Tortilla	1	4	0.01	7	*0	*0	0.08	0.00	0
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	7	*N/A*	0.10	0.00	0
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0

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Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			694	6.59	717	*28	*0	20.33	0.00	115
% of Calories				8.55%		*16.1%	*0%	26.4%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Thursday - 09/05/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991940 Stir-Fry Ch,Squash,Corn 3/4 c: R:3/8, S:1/4,OT:1/8	serving	99	401	1.00	198	6	*0	9.45	0.00	40
992621 V/VG-Veggie Squash,Corn 3/4 c: R:3/8, S:1/4,OT:1/8	serving	1	4	0.00	3	0	*0	0.10	0.00	0
991007 Banana - 1/2 cup (1 Banana)	1 Bananas	100	105	0.13	1	14	*N/A*	0.39	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			611	1.89	333	*33	*0	11.19	0.00	50
% of Calories				2.78%		*21.6%	*0%	16.5%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Friday - 09/06/2024

Reimbursable Meal Total 100

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	
992560	BYO Turkey Nachos (No Vegetables)	SERVING	99	300	7.71	325	0	*0	18.05	0.00	81
992624	V- BYO Plant Based Nachos	SERVING	1	3	0.07	5	0	*0	0.15	0.00	0
992623	VG/DF- BYO Veggie Nachos	SERVING	0	0	0.00	0	0	*0	0.00	0.00	0
992625	Corn Pico de Gallo - 1/2cup: S:1/4, OT:1/4	1/2 cup	100	58	0.02	12	6	*0	0.35	0.00	0
991025	ORANGES - Half Cup (1orange)	1 orange	100	62	0.02	0	12	*N/A*	0.16	0.00	0
000231	MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190	Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919	Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556	Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average				523	8.57	472	*31	*0	19.96	0.00	91
% of Calories					14.75 %		*23.7%	*0%	34.3%	0.0%	
Weekly Nutrient Guideline				550 - 650	<10	1110			<=0		

Monday - 09/09/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	
990777	Roasted Chicken	2.87 oz	99	115	0.80	134	*0	*N/A*	4.66	0.00	40
991179	V/VG- Roasted Chicken	88 gr	1	1	0.01	4	*0	*N/A*	0.07	0.00	0

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Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992614 Mexican Brown Rice 3/4 Cup: R:1/2, OT:1/4	3/4 cup	100	303	0.23	52	*5	*0	4.67	*0.00	0
990597 PEACHES, DICED IN JUICE SS PLASTIC CUP - HC	HC	100	80	0.00	5	18	*N/A*	0.00	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			599	1.79	325	*36	*0	10.64	*0.00	50
% of Calories				2.69%		*24.0%	*0%	16.0%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Tuesday - 09/10/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
990874 Chicken Chickpea Curry-3/4 cup: OT:1/4, L:1/2	servings	99	242	0.97	336	*5	*0	8.57	0.00	40
992627 V/VG-Veggie Chickpea Curry-3/4 cup: OT:1/4, L:1/2	servings	1	3	0.00	5	*0	*0	0.08	0.00	0
000341 WG Biscuit - 1 oz	28 g	100	100	4.00	210	1	*N/A*	5.00	0.00	0
992626 VG/DF - WG Roll	32 gr	0	0	0.00	0	0	*0	0.00	0.00	0
992548 TANGERINES,FRESH - 1/2 cup (150 ct)	1 (150ct p/cs)	100	64	0.05	2	13	*N/A*	0.37	0.00	0

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Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			508	5.77	683	*31	*0	15.28	0.00	50
% of Calories				10.22 %		*24.4%	*0%	27.1%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Wednesday - 09/11/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992612 Sweet & Sour Turkey Meatball 3/8CUP:R:1/4,OT:1/8	serving (4MB)	99	343	1.70	526	14	*N/A*	7.96	*0.00	34
992613 V/VG-Sw.& Sour Turkey Meatball 3/8CUP:R:1/4,OT:1/8	serving (4MB)	1	4	0.04	6	0	*0	0.11	*0.00	0
992628 Roasted Broccoli w/ Garlic & Parm. 1/2cup DG:1/2	1/2 CUP	100	100	1.33	103	*0	*N/A*	8.43	*0.00	6
992629 VG/DF Roasted Broccoli w/ Garlic 1/2cup DG:1/2	1/2 CUP	1	1	0.00	0	*0	*N/A*	0.07	0.00	0
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*N/A*	0.13	0.00	0
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2

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Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			587	3.84	767	*35	*0	17.95	*0.00	50
% of Calories				5.89%		*23.9%	*0%	27.5%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Thursday - 09/12/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991943 Chicken WG Noddles R:1/4, DG:1/8, OT:1/8	serving	99	394	2.09	440	*9	*N/A*	8.52	*0.00	51
992049 V- Chicken WG Noddles - R:1/4, DG:1/8, OT:1/8	serving	1	4	0.01	4	*0	*0	0.08	*0.00	0
992604 VG- Chicken WG Noddles - R:1/4, DG:1/8, OT:1/8	serving	0	0	0.00	0	*0	*0	0.00	*0.00	0
991007 Banana - 1/2 cup (1 Banana)	1 Bananas	100	105	0.13	1	14	*N/A*	0.39	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			603	2.99	575	*37	*0	10.25	*0.00	61
% of Calories				4.46%		*24.5%	*0%	15.3%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Friday - 09/13/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991392 Cheese Lunch Individual Pizza	4.56oz (129gr)	100	270	3.00	750	5	*N/A*	9.00	0.00	0
000279 Roasted Potatoes - 3/4cup: S:3/4	3/4 cup	100	176	0.38	8	*0	*N/A*	4.78	0.00	0
991025 ORANGES - Half Cup (1orange)	1 orange	100	62	0.02	0	12	*N/A*	0.16	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			608	4.15	888	*30	*N/A*	15.19	0.00	10
% of Calories				6.14%		*19.7%	*N/A*	22.5%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Monday - 09/16/2024

Reimbursable Meal Total 100

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992495 Chicken Parmesan R: 1/4	serving	99	242	3.24	315	*2	*0	16.03	*0.00	51
992526 V- Chicken Meatless Parmesan R:1/4	serving	1	3	0.03	4	*0	*0	0.16	*0.00	0
992630 VG/DF- Chicken Meatless Mozzarella R:1/4	serving	0	0	0.00	0	*0	*0	0.00	*0.00	0
991810 Lemony Bulgur Chickpea Salad 1/2 cup: L:1/2	serving	100	364	0.66	157	*0	*N/A*	8.94	*0.00	0
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	7	*N/A*	0.10	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			749	4.69	607	*22	*0	26.48	*0.00	61
% of Calories				5.64%		*11.7%	*0%	31.8%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Tuesday - 09/17/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991400 SPAGHETTI AND TURKEYMEAT SAUCE - 3/4 cup: R:3/4	1 CUP	99	420	3.02	128	*8	*0	12.67	*0.00	120

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991724 V/VG - SPAGHETTI AND TK. MEAT SAUCE -3/4 cup: R:3/4	1 CUP	1	3	0.00	3	*0	*0	0.03	*0.00	0
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*N/A*	0.13	0.00	0
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			562	3.80	262	*29	*0	14.08	*0.00	130
% of Calories				6.09%		*20.6%	*0%	22.5%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Wednesday - 09/18/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992450 Golden Crispy Chicken Tenders	3 tenders	99	257	0.00	386	1	*1	14.85	0.00	25
992616 V/VG - Breaded Veggie Tenders w/WG Roll	3 tenders	1	2	0.03	5	0	*0	0.08	0.00	0
990951 Sautéed Collards Green 3/4cup: DG:3/4	3/4 cup	100	103	2.85	141	5	*N/A*	6.43	*0.01	11
992634 VG/DF - Collards Green	3/4 cup	1	1	0.00	1	0	*N/A*	0.04	0.00	0
991603 BBQ Sauce (ss)	0.44 oz	100	20	0.00	130	4	*N/A*	0.00	0.00	0

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991025 ORANGES - Half Cup (1orange)	1 orange	100	62	0.02	0	12	*N/A*	0.16	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			545	3.65	794	*35	*1	22.80	*0.01	46
% of Calories				6.03%		*25.7%	*0.7%	37.7%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Thursday - 09/19/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992508 Chicken Enchiladas 1/4 cup: R: 1/4	serving	99	344	4.05	399	2	*0	12.21	0.00	46
992520 V -Chicken Enchiladas 1/4 cup: R: 1/4	serving	1	4	0.04	5	0	*0	0.13	0.00	0
992632 VG/DF -Chicken Enchiladas 1/4 cup: R: 1/4	serving	0	0	0.00	0	0	*0	0.00	0.00	0
992562 Elote in Cups - 1/2 cup: S:1/2	1/2 CUP	100	115	0.88	136	*3	*0	13.55	*0.00	10
992631 VG/DF Elote in Cups - 1/2 cup: S:1/2	1/2 CUP	0	0	0.00	0	*0	*0	0.00	*0.00	0
990384 WATERMELON,CHUNKS - Half Cup	1/2 cup	100	23	0.01	1	5	*N/A*	0.11	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			586	5.72	671	*23	*0	27.25	*0.00	66
% of Calories				8.78%		*15.7%	*0%	41.9%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Friday - 09/20/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
990502 PreK - Grilled Cheese Sandwich	servings	100	268	5.35	932	7	*0	9.57	*0.00	27
990604 CREAMY COLESLAW 3/4cup: OT: 1/2, R:1/4	3/4 cup	100	77	0.29	111	7	*N/A*	2.03	*0.00	3
992633 VG- CREAMY COLESLAW 3/4cup: OT: 1/2, R:1/4	3/4 cup	0	0	0.00	0	0	*0	0.00	*0.00	0
991007 Banana - 1/2 cup (1 Banana)	1 Bananas	100	105	0.13	1	14	*N/A*	0.39	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			551	6.52	1174	*42	*0	13.24	*0.00	40
% of Calories				10.65 %		*30.5%	*0%	21.6%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Monday - 09/23/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991146 WG Pasta w/ Meatballs-Tyson-3/4cup: R:3/4	SERVINGS (5 MB)	100	487	5.34	513	9	*0	20.66	0.00	45
991968 V/VG- WG Pasta w/ Veggie Meatballs 3/4cup: R:3/4	SERVINGS (5 MB)	1	5	0.04	6	0	*0	0.14	0.00	0
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	7	*N/A*	0.10	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			631	6.14	650	*29	*0	22.15	0.00	55
% of Calories				8.76%		*18.4%	*0%	31.6%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

Tuesday - 09/24/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992357 Lime Chicken Bl. Bean & Rice 3/4 cup:L:1/2,OT:1/4	1 serving	99	476	1.00	339	*3	*0	9.55	*0.00	40
992358 V/VG-Lime Chic. Bl.Bean & Rice 3/4cup:L:1/2,OT:1/4	1 serving	1	5	0.00	4	*0	*0	0.09	*0.00	0
991025 ORANGES - Half Cup (1orange)	1 orange	100	62	0.02	0	12	*N/A*	0.16	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			643	1.78	473	*28	*0	11.05	*0.00	50
% of Calories				2.49%		*17.4%	*0%	15.5%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Wednesday - 09/25/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992308 Crunchy Chicken Wrap	wrap 10"	99	503	6.28	843	0	*0	23.76	0.00	42
992309 V - Veggie Chicken Meatless Wrap	wrap 10"	1	4	0.04	6	0	*0	0.13	0.00	0
992619 VG/DF - Veggie Chicken Meatless Wrap	wrap 10"	0	0	0.00	0	0	*0	0.00	0.00	0

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
990720 Salad, Kale, Cucumber, Tomato DG:1/4, OT:1/4.R:1/4	3/4 cup	100	78	1.10	156	2	*N/A*	6.64	0.00	0
991007 Banana - 1/2 cup (1 Banana)	1 Bananas	100	105	0.13	1	14	*N/A*	0.39	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
Weighted Daily Average			790	8.30	1136	*29	*0	32.17	0.00	52
% of Calories				9.46%		*14.7%	*0%	36.6%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Thursday - 09/26/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991282 Chicken WG Philly Sub 1/2cup: OT:1/2	1 sandwich	99	317	1.28	334	5	*N/A*	12.86	0.00	41
991755 V/VG-Veggie Philly Sub 1/2cup: OT:1/2	1 sandwich	1	3	0.01	5	0	*0	0.13	0.00	0
992635 CORN: frozen, yellow - 1/2cup: S:1/2	1/2 CUP	100	67	0.08	1	3	*N/A*	0.55	0.00	0
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*N/A*	0.13	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			526	2.14	471	*29	*0	14.92	0.00	51
% of Calories				3.66%		*22.1%	*0%	25.5%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Friday - 09/27/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
000018 Mango Chicken Wraps -3/4cup DG:1/2,OT:1/4	Wraps	99	345	1.60	311	8	*N/A*	8.96	*0.00	44
992620 V/VG-Mango Chicken Wraps -3/4cup DG:1/2,OT:1/4	Wraps	1	4	0.02	6	0	*0	0.16	0.00	0
992548 TANGERINES,FRESH - 1/2 cup (150 ct)	1 (150ct p/cs)	100	64	0.05	2	13	*N/A*	0.37	0.00	0
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			513	2.41	449	*34	*0	10.75	*0.00	54
% of Calories				4.23%		*26.5%	*0%	18.9%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Monday - 09/30/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991411 V- Caprese WG Pasta 3/4cup: R:1/2, OT:1/4	serving	99	436	7.55	554	*9	*1	15.06	*0.00	38
992622 VG/DF- Caprese WG Pasta 3/4cup: R:1/2, OT:1/4	serving	1	4	0.10	7	*0	*0	0.15	*0.00	0
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	8	*N/A*	0.13	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			579	8.42	691	*30	*1	16.58	*0.00	48
% of Calories				13.09 %		*20.7%	*0.7%	25.8%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Tuesday - 10/01/2024

Reimbursable Meal Total 100

Base Menu Spreadsheet

Weighted Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992605 Turkey WW Burrito w/Bl. Beans 3/4cup: R:1/4, L:1/2	10" Tortilla	99	549	5.82	580	*8	*0	18.91	0.00	105
992607 V/VG- WW Burrito w/Bl. Beans 3/4cup: R:1/4, L:1/2	10" Tortilla	1	4	0.01	7	*0	*0	0.08	0.00	0
000339 STRAWBERRIES,FRESH - Half cup	5 large straw	100	29	0.01	1	4	*N/A*	0.27	0.00	0
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			683	6.59	717	*25	*0	20.51	0.00	115
% of Calories				8.68%		*14.6%	*0%	27.0%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Wednesday - 10/02/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991940 Stir-Fry Ch,Squash,Corn 3/4 c: R:3/8, S:1/4,OT:1/8	serving	99	401	1.00	198	6	*0	9.45	0.00	40
992621 V/VG-Veggie Squash,Corn 3/4 c: R:3/8, S:1/4,OT:1/8	serving	1	4	0.00	3	0	*0	0.10	0.00	0
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	7	*N/A*	0.10	0.00	0

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			545	1.77	332	*26	*0	10.90	0.00	50
% of Calories				2.92%		*19.1%	*0%	18.0%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Thursday - 10/03/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992348 Italian Tk Sausage w/Vegies OT: 1/4, R:/4, S:1/4	serving	99	387	5.29	818	*9	*N/A*	26.03	*0.00	40
992377 V- Veggie Italian & Veggies OT: 1/4, R:/4, S:1/4	serving	1	3	0.02	4	*0	*0	0.19	*0.00	0
990993 Brown Rice - Riceland CR	1 cup cooked	100	200	0.00	0	0	*N/A*	1.33	0.00	0
992548 TANGERINES,FRESH - 1/2 cup (150 ct)	1 (150ct p/cs)	100	64	0.05	2	13	*N/A*	0.37	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0
Weighted Daily Average			754	6.11	955	*35	*0	29.17	*0.00	51
% of Calories				7.29%		*18.6%	*0%	34.8%	*0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

Friday - 10/04/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
992300 Crispy Chicken Burger (3.1oz)	serving	99	383	2.44	815	4	*4	14.69	0.00	24
992288 V-VG Crispy Chicken Meatless Burger	serving	1	4	0.02	8	0	*0	0.13	0.00	0
991088 BROCCOLI FLORETS 3/4cup: DG:3/4	3/4 CUP	100	23	0.00	11	1	*N/A*	0.25	0.00	0
000222 KETCHUP: individual	9 gr	100	10	0.00	25	2	*N/A*	0.00	0.00	0
991007 Banana - 1/2 cup (1 Banana)	1 Bananas	100	105	0.13	1	14	*N/A*	0.39	0.00	0
000231 MILK,Skim	8 fl. oz.	50	45	0.00	65	6	*N/A*	0.00	0.00	2
000190 Low Fat Milk - 1%	8 fl. oz.	50	55	0.75	65	6	*N/A*	1.25	0.00	8
990556 Place Settings	1	100	0	0.00	0	*0	*N/A*	0.00	0.00	0

Base Menu Spreadsheet

Weighted Values

Aug 26, 2024 thru Oct 4, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
991919 Soy Milk	8 fl	0	0	0.00	0	0	*N/A*	0.00	0.00	0
Weighted Daily Average			625	3.34	990	*34	*4	16.71	0.00	34
% of Calories				4.81%		*21.8%	*2.6%	24.1%	0.0%	
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0		

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)
Weighted Averages	612	5	660	*31	*0	17.99	*0.00	60
% of Calories		6.96%		*20.3%	*0%	26.5%	*0.0%	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.