

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                          |                               |               |    |
|--------------------------|-------------------------------|---------------|----|
| Menu Name:               | BRIYA PCS -LUNCH -PreK3-PreK4 | Include Cost: | No |
| Site:                    |                               |               |    |
| Use Alternate Menu Name: | No                            |               |    |

Monday - 08/24/2026Reimbursable Meal Total 1

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 000145 NO SCHOOL TODAY    |              |           |                          |                        |                        |                  |                               |           |            |             |          |
| Weighted Daily Average    |              |           | 0                        | 0.00                   | 0                      | 0.00             | 0                             | 0.00      | 0.00       | 0           | 0.00     |
| % of Calories             |              |           |                          | 0%                     |                        | 0%               | 0%                            | 0%        | 0%         |             | 0%       |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Tuesday - 08/25/2026Reimbursable Meal Total 100

|                                                | Portion Size  | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------|---------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993230 Chicken & Cheese WW Quesadilla          | 125 gr (2 pc) | 99        | 290                      | 4.50                   | 500                    | 2.00             | *1.00                         | 11.00     | 0.00       | 45          | 29.00    |
| 992883 VG/DF- Veggie WW Quesadilla             | serving       | 1         | 439                      | 3.71                   | 635                    | 1.44             | *0.00                         | 19.59     | 0.00       | 0           | 41.72    |
| 992712 Bean Dip 3/4 Cup: L: 3/4                | 3/4 CUP       | 100       | 126                      | 0.01                   | 148                    | *1.04            | *N/A*                         | 0.04      | *0.00      | 0           | 21.85    |
| 991025 ORANGES - (1 orange113-125 ct)- 1/2 cup | 1 orange      | 100       | 62                       | 0.02                   | 0                      | 12.25            | *0.00                         | 0.16      | 0.00       | 0           | 15.39    |
| 000190 Low Fat Milk - 1%                       | 8 fl. oz.     | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 000231 MILK,Skim                               | 8 fl. oz.     | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 991919 Soy Milk                                | 8 fl          | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average    |              |           | 579                      | 4.52                   | 784                    | *27.28           | *0.99                         | 12.54     | *0.00      | 55          | 79.37    |
| % of Calories             |              |           |                          | 7.03%                  |                        | *18.85 %         | *0.68%                        | 19.5%     | *0.0%      |             | 54.8%    |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Wednesday - 08/26/2026                      Reimbursable Meal Total 100

|                                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-----------------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993261 Greek Tk. Meatballs & Brown Rice Power Bowl        | serving -4 (MB) | 99        | 361                      | 1.71                   | 832                    | 1.97             | *1.73                         | 8.81      | 0.00       | 46          | 52.21    |
| 993262 V-Greek Veggie Meatballs & Brown Rice Power Bowl   | serving -3 (MB) | 1         | 401                      | 3.21                   | 822                    | 1.97             | *1.73                         | 10.81     | 0.00       | 1           | 57.21    |
| 990728 Roasted Broccoli & Carrots DG: 1/2, R:1/4          | 3/4 cup         | 100       | 75                       | 0.42                   | 37                     | 2.28             | *0.00                         | 5.43      | 0.00       | 0           | 6.09     |
| 000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup | 1/2 cup         | 100       | 40                       | 0.02                   | 1                      | 6.82             | *N/A*                         | 0.10      | 0.00       | 0           | 10.66    |
| 000231 MILK,Skim                                          | 8 fl. oz.       | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                                  | 8 fl. oz.       | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                           | 8 fl            | 1         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |

# Base Menu Spreadsheet

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## Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average    |              |           | 578                      | 2.17                   | 1006                   | *23.19           | *1.73                         | 15.64     | 0.00       | 56          | 82.14    |
| % of Calories             |              |           |                          | 3.38%                  |                        | *16.05 %         | *1.20%                        | 24.4%     | 0.0%       |             | 56.8%    |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Thursday - 08/27/2026

Reimbursable Meal Total 100

|                                         | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-----------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993087 V- Stuffed Crust Pizza w/Cheese  | 137 gr       | 100       | 330                      | 4.50                   | 850                    | 4.00             | *1.00                         | 14.00     | 0.00       | 15          | 36.00    |
| 000279 Roasted Potatoes - 3/4cup: S:3/4 | 3/4 cup      | 100       | 176                      | 0.38                   | 12                     | *0.00            | *0.00                         | 4.79      | 0.00       | 0           | 30.80    |
| 000222 KETCHUP: individual              | 9 gr         | 100       | 10                       | 0.00                   | 90                     | 2.00             | 2.00                          | 0.00      | 0.00       | 0           | 2.00     |
| 990398 APPLES - Half Cup (100-134 ct)   | 1/2 cup      | 100       | 39                       | 0.02                   | 1                      | 7.74             | *0.00                         | 0.13      | 0.00       | 0           | 10.29    |
| 000231 MILK,Skim                        | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                         | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                   | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                  |              |           | 655                      | 4.91                   | 1088                   | *25.74           | *3.00                         | 20.16     | 0.00       | 25          | 92.09    |
| % of Calories                           |              |           |                          | 6.75%                  |                        | *15.72 %         | *1.83%                        | 27.7%     | 0.0%       |             | 56.2%    |
| Weekly Nutrient Guideline               |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

Friday - 08/28/2026 Reimbursable Meal Total 100

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993131 Baked Chicken Penne Pasta R:1/2                    | 3/4 cup      | 1001      | 398                      | 5.38                   | 339                    | 5.96             | *0.64                         | 12.35     | *0.00      | 67          | 47.86    |
| 993132 V/VG-Baked Chicken Penne Pasta R:1/2               | 3/4 cup      | 1         | 396                      | 0.80                   | 522                    | 12.19            | *0.85                         | 7.41      | *0.00      | 0           | 55.76    |
| 993133 Roasted Zucchini OT: 1/4                           | serving      | 100       | 27                       | 0.20                   | 262                    | *0.71            | *0.00                         | 2.45      | *0.00      | 0           | 1.05     |
| 000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup | 1/2 cup      | 100       | 40                       | 0.02                   | 1                      | 6.82             | *N/A*                         | 0.10      | 0.00       | 0           | 10.66    |
| 000231 MILK,Skim                                          | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                                  | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                           | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                                     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                                    |              |           | 4151                     | 54.10                  | 3798                   | *79.43           | *6.36                         | 127.54    | *0.00      | 678         | 504.52   |
| % of Calories                                             |              |           |                          | 11.73 %                |                        | *7.65%           | *0.61%                        | 27.7%     | *0.0%      |             | 48.6%    |
| Weekly Nutrient Guideline                                 |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Monday - 08/31/2026 Reimbursable Meal Total 100

|                                                       | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993003 V- WG Jumbo Cheese Ravioli R:1/2 cup           | 3.78 oz (3 pc) | 99        | 238                      | 1.00                   | 276                    | 6.81             | *0.64                         | 2.95      | 0.00       | 0           | 35.35    |
| 991724 V/VG - SPAGHETTI AND VEGGIE MEAT SAUCE - R:3/4 | 1 serving      | 1         | 318                      | 0.02                   | 265                    | *9.23            | *0.00                         | 2.99      | *0.00      | 0           | 58.39    |

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Aug 24, 2026 thru Oct 2, 2026

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993068 Roasted Sweet Potato - R: 1/4 cup                  | 1/4 cup      | 100       | 70                       | 0.27                   | 19                     | 1.47             | *0.00                         | 3.56      | 0.00       | 0           | 9.83     |
| 000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup | 1/2 cup      | 100       | 40                       | 0.02                   | 1                      | 6.82             | *N/A*                         | 0.10      | 0.00       | 0           | 10.66    |
| 000231 MILK,Skim                                          | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                                  | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                           | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                                     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                                    |              |           | 449                      | 1.27                   | 430                    | *27.13           | *0.63                         | 7.87      | *0.00      | 10          | 69.08    |
| % of Calories                                             |              |           |                          | 2.55%                  |                        | *24.17 %         | *0.56%                        | 15.8%     | *0.0%      |             | 61.5%    |
| Weekly Nutrient Guideline                                 |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Tuesday - 09/01/2026

Reimbursable Meal Total 100

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993008 Ground Turkey Fajitas                | 2 fajitas 6" | 100       | 324                      | 3.37                   | 455                    | *0.29            | *0.00                         | 13.57     | 0.00       | 91          | 30.94    |
| 993009 V/VG- Ground Crumbles Veggie Fajitas | 2 fajitas    | 1         | 263                      | 1.09                   | 618                    | *0.97            | *0.00                         | 6.58      | 0.00       | 0           | 35.72    |
| 992801 Corn Sweet - S:3/4                   | 3/4 CUP      | 100       | 100                      | 0.13                   | 1                      | 3.80             | *0.00                         | 0.83      | 0.00       | 0           | 23.88    |
| 990398 APPLES - Half Cup (100-134 ct)       | 1/2 cup      | 100       | 39                       | 0.02                   | 1                      | 7.74             | *0.00                         | 0.13      | 0.00       | 0           | 10.29    |
| 000190 Low Fat Milk - 1%                    | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 000231 MILK,Skim                            | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991919 Soy Milk           | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average    |              |           | 565                      | 3.53                   | 598                    | *23.84           | *0.00                         | 15.84     | 0.00       | 101         | 78.47    |
| % of Calories             |              |           |                          | 5.62%                  |                        | *16.88 %         | *0.00%                        | 25.2%     | 0.0%       |             | 55.6%    |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Wednesday - 09/02/2026                      Reimbursable Meal Total 100

|                                                        | Portion Size  | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------------------|---------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993247 Creamy Avocado Chicken Rice Bowl- L:1/2, S:1/4  | serving       | 99        | 575                      | 2.78                   | 661                    | *5.40            | *0.00                         | 23.43     | *0.00      | 68          | 64.91    |
| 993248 V-Creamy Avocado Veggie Rice Bowl- L:1/2, S:1/4 | serving       | 1         | 581                      | 2.42                   | 852                    | *6.31            | *0.00                         | 23.07     | *0.00      | 10          | 66.73    |
| 000339 STRAWBERRIES,FRESH - Half cup                   | 5 large straw | 100       | 29                       | 0.01                   | 1                      | 4.40             | *0.00                         | 0.27      | 0.00       | 0           | 6.91     |
| 000231 MILK,Skim                                       | 8 fl. oz.     | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                               | 8 fl. oz.     | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                        | 8 fl          | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average    |              |           | 704                      | 2.79                   | 799                    | *21.81           | *0.00                         | 24.95     | *0.00      | 78          | 84.84    |
| % of Calories             |              |           |                          | 3.57%                  |                        | *12.39 %         | *0.00%                        | 31.9%     | *0.0%      |             | 48.2%    |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Thursday - 09/03/2026

Reimbursable Meal Total 100

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991084 Chicken Nuggets Breaded               | 4 pc (91 gr) | 100       | 210                      | 2.50                   | 340                    | 1.00             | *0.00                         | 12.00     | 0.00       | 40          | 12.00    |
| 992873 V/VG- Vegan Chicken Nuggets w/WG Roll | 5 Nuggets    | 1         | 411                      | 1.88                   | 805                    | 6.51             | *4.00                         | 13.30     | 0.00       | 0           | 55.12    |
| 000242 Roasted Sweet Potato - R: 3/4 cup     | .75 cup      | 100       | 169                      | 0.34                   | 54                     | 9.72             | *0.00                         | 3.95      | 0.00       | 0           | 31.06    |
| 991007 Banana - 1/2 cup (150 ct - 1 Banana)  | 1/2 cup      | 100       | 105                      | 0.13                   | 1                      | 14.43            | 0.00                          | 0.39      | 0.00       | 0           | 26.95    |
| 000231 MILK,Skim                             | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                     | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                              | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                        | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                       |              |           | 588                      | 3.00                   | 538                    | *37.22           | *0.04                         | 17.72     | 0.00       | 50          | 83.57    |
| % of Calories                                |              |           |                          | 4.59%                  |                        | *25.32 %         | *0.03%                        | 27.1%     | 0.0%       |             | 56.9%    |
| Weekly Nutrient Guideline                    |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

Friday - 09/04/2026

Reimbursable Meal Total 100

|                                                  | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993254 Baked Peruvian-Style Chicken Bites (PreK) | 2.87 oz         | 100       | 254                      | 1.15                   | 289                    | *1.90            | *0.00                         | 12.37     | 0.00       | 58          | 18.06    |
| 993253 V/VG-Baked Peruvian-Style Tofu Strips     | 4.48 oz         | 1         | 303                      | 2.06                   | 253                    | *3.17            | *0.00                         | 16.78     | 0.00       | 0           | 23.48    |
| 991056 VG/DF - WG Roll                           | 32 gr           | 100       | 80                       | 0.00                   | 170                    | 2.00             | *2.00                         | 1.00      | 0.00       | 0           | 15.00    |
| 993226 Baked Yuca Fries S: 1/4 cup               | 1/4 cup -2 yuca | 100       | 110                      | 0.50                   | 115                    | 0.00             | *0.00                         | 4.00      | 0.00       | 0           | 17.00    |
| 992635 Sweet Corn S:1/2                          | 1/2 CUP         | 100       | 67                       | 0.08                   | 1                      | 2.53             | *0.00                         | 0.55      | 0.00       | 0           | 15.92    |
| 990398 APPLES - Half Cup (100-134 ct)            | 1/2 cup         | 100       | 39                       | 0.02                   | 1                      | 7.74             | *0.00                         | 0.13      | 0.00       | 0           | 10.29    |
| 000231 MILK,Skim                                 | 8 fl. oz.       | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                         | 8 fl. oz.       | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                  | 8 fl            | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                            | 1               | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                           |                 |           | 652                      | 1.77                   | 713                    | *26.21           | *2.00                         | 19.46     | 0.00       | 68          | 89.50    |
| % of Calories                                    |                 |           |                          | 2.44%                  |                        | *16.08 %         | *1.23%                        | 26.9%     | 0.0%       |             | 54.9%    |
| Weekly Nutrient Guideline                        |                 |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Monday - 09/07/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 000145 NO SCHOOL TODAY    |              |           |                          |                        |                        |                  |                               |           |            |             |          |
| Weighted Daily Average    |              |           | 0                        | 0.00                   | 0                      | 0.00             | 0                             | 0.00      | 0.00       | 0           | 0.00     |
| % of Calories             |              |           |                          | 0%                     |                        | 0%               | 0%                            | 0%        | 0%         |             | 0%       |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Tuesday - 09/08/2026                      Reimbursable Meal Total 100

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993223 WW Chicken Empanada                      | 2.8 oz       | 90        | 170                      | 4.00                   | 420                    | 1.00             | *1.00                         | 7.00      | 0.00       | 30          | 17.00    |
| 993275 VG/DF- Veggie WW Quesadilla              | serving      | 10        | 364                      | 2.10                   | 520                    | 1.18             | *0.00                         | 12.70     | 0.00       | 0           | 37.77    |
| 990877 Elote in Cups - S: 3/4 cup               | 3/4 CUP      | 100       | 173                      | 1.32                   | 204                    | 4.78             | *0.00                         | 20.32     | 0.00       | 14          | 26.38    |
| 992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup | 1 large      | 100       | 64                       | 0.05                   | 2                      | 12.70            | 0.00                          | 0.37      | 0.00       | 0           | 16.01    |
| 000231 MILK,Skim                                | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                        | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                 | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                           | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                          |              |           | 526                      | 5.17                   | 771                    | *30.49           | *0.90                         | 29.52     | 0.00       | 51          | 74.46    |
| % of Calories                                   |              |           |                          | 8.85%                  |                        | *23.19 %         | *0.68%                        | 50.5%     | 0.0%       |             | 56.6%    |
| Weekly Nutrient Guideline                       |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

Wednesday - 09/09/2026      Reimbursable Meal Total 100

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993271 Cajun Alfredo Steak Breadstick             | 1 stick      | 99        | 250                      | 6.24                   | 644                    | 1.92             | *0.00                         | 14.57     | 0.00       | 34          | 18.83    |
| 993276 V-Cajun Alfredo Veggie Crumbles Breadstick | 1 stick      | 1         | 261                      | 5.24                   | 691                    | 2.37             | *0.00                         | 12.49     | 0.00       | 24          | 21.05    |
| 990728 Roasted Broccoli & Carrots DG: 1/2, R:1/4  | 3/4 cup      | 100       | 75                       | 0.42                   | 37                     | 2.28             | *0.00                         | 5.43      | 0.00       | 0           | 6.09     |
| 990398 APPLES - Half Cup (100-134 ct)             | 1/2 cup      | 100       | 39                       | 0.02                   | 1                      | 7.74             | *0.00                         | 0.13      | 0.00       | 0           | 10.29    |
| 000231 MILK,Skim                                  | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                          | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                   | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                             | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                            |              |           | 464                      | 6.68                   | 818                    | *23.94           | *0.00                         | 21.35     | 0.00       | 44          | 48.23    |
| % of Calories                                     |              |           |                          | 12.96 %                |                        | *20.64 %         | *0.00%                        | 41.4%     | 0.0%       |             | 41.6%    |
| Weekly Nutrient Guideline                         |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Thursday - 09/10/2026      Reimbursable Meal Total 100

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993277 Asian BBQ Ground Turkey       | 2.87 oz      | 99        | 183                      | 2.29                   | 574                    | *6.76            | *0.00                         | 8.39      | *0.00      | 91          | 12.06    |
| 993278 V/VG- Veggie Asian BBQ (V/VG) | 80 gr        | 1         | 146                      | 0.02                   | 818                    | *7.68            | *0.00                         | 1.88      | *0.00      | 0           | 18.50    |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                                                  | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|
| 993266 Vegetable Fried Rice R:1/4, S:1/4, OT:1/4 | serving      | 100       | 290          | 0.20       | 386        | 5.30             | *0.00             | 4.28      | 0.00       | 0           | 55.07    |
| 991007 Banana - 1/2 cup (150 ct - 1 Banana)      | 1/2 cup      | 100       | 105          | 0.13       | 1          | 14.43            | 0.00              | 0.39      | 0.00       | 0           | 26.95    |
| 000231 MILK,Skim                                 | 8 fl. oz.    | 50        | 90           | 0.00       | 135        | 12.00            | 0.00              | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                         | 8 fl. oz.    | 50        | 110          | 0.00       | 135        | 12.00            | 0.00              | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                  | 8 fl         | 1         | 130          | 0.50       | 110        | 11.00            | *N/A*             | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                            | 1            | 100       | 0            | 0.00       | 0          | *0.00            | *N/A*             | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                           |              |           | 678          | 2.61       | 1100       | *38.61           | *0.00             | 14.30     | *0.00      | 100         | 107.28   |
| % of Calories                                    |              |           |              | 3.46%      |            | *22.78 %         | *0.00%            | 19.0%     | *0.0%      |             | 63.3%    |
| Weekly Nutrient Guideline                        |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |

Friday - 09/11/2026

Reimbursable Meal Total 100

|                                                      | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|
| 993267 American Cheese Crispy Chicken Burger (3.1oz) | serving      | 99        | 425          | 3.75       | 1040       | 5.00             | *4.00             | 17.00     | 0.00       | 32          | 44.00    |
| 992265 V/VG Vegan Burger -                           | serving      | 1         | 280          | 0.00       | 760        | 5.00             | *4.00             | 7.00      | 0.00       | 0           | 36.00    |
| 000242 Roasted Sweet Potato - R: 3/4 cup             | .75 cup      | 100       | 169          | 0.34       | 54         | 9.72             | *0.00             | 3.95      | 0.00       | 0           | 31.06    |
| 991261 Honey Mustard Sauce (ss)                      | 28.3 gr      | 100       | 40           | 0.00       | 160        | 7.00             | *N/A*             | 0.50      | 0.00       | 0           | 8.00     |
| 990045 WATERMELON,CHUNKS - Half Cup                  | 1/2 cup      | 100       | 23           | 0.01       | 1          | 4.71             | *0.00             | 0.11      | 0.00       | 0           | 5.74     |
| 000231 MILK,Skim                                     | 8 fl. oz.    | 50        | 90           | 0.00       | 135        | 12.00            | 0.00              | 0.00      | 0.00       | 5           | 13.00    |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 000190 Low Fat Milk - 1%  | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk           | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average    |              |           | 755                      | 4.07                   | 1387                   | *38.43           | *4.00                         | 22.71     | 0.00       | 42          | 101.72   |
| % of Calories             |              |           |                          | 4.85%                  |                        | *20.36 %         | *2.12%                        | 27.1%     | 0.0%       |             | 53.9%    |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Monday - 09/14/2026

Reimbursable Meal Total 100

|                                                    | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|----------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993268 Swedish Turkey Meatballs w/brown rice       | serving -4 (MB) | 99        | 365                      | 1.54                   | 628                    | *1.20            | *1.00                         | 7.35      | *0.00      | 45          | 56.71    |
| 993269 V/VG- Swedish Veggie Meatballs w/brown rice | serving -3 (MB) | 1         | 406                      | 3.03                   | 718                    | *2.04            | *1.85                         | 8.58      | *0.00      | 0           | 64.28    |
| 000263 Carrots, Steamed - R: 3/4 cup               | 3/4 cup         | 100       | 38                       | 0.03                   | 63                     | 4.34             | *0.00                         | 0.22      | 0.00       | 0           | 8.77     |
| 992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup    | 1 large         | 100       | 64                       | 0.05                   | 2                      | 12.70            | 0.00                          | 0.37      | 0.00       | 0           | 16.01    |
| 000231 MILK,Skim                                   | 8 fl. oz.       | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                           | 8 fl. oz.       | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                    | 8 fl            | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |

# Base Menu Spreadsheet

Lunches Di Si

## Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average    |              |           | 566                      | 1.63                   | 829                    | *30.24           | *1.01                         | 9.20      | *0.00      | 55          | 94.56    |
| % of Calories             |              |           |                          | 2.59%                  |                        | *21.37 %         | *0.71%                        | 14.6%     | *0.0%      |             | 66.8%    |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Tuesday - 09/15/2026

Reimbursable Meal Total 100

|                                                        | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993241 V-Creamy Veggie Lasagna Roll up w/Alfredo Sauce | 3.5 oz (1 roll) | 99        | 366                      | 9.26                   | 751                    | 5.06             | *0.00                         | 16.67     | *0.00      | 72          | 31.28    |
| 991724 V/VG - SPAGHETTI AND VEGGIE MEAT SAUCE - R:3/4  | 1 serving       | 1         | 318                      | 0.02                   | 265                    | *9.23            | *0.00                         | 2.99      | *0.00      | 0           | 58.39    |
| 993273 Rosted Eggplant OT:3/4 cup                      | 3/4             | 100       | 98                       | 0.66                   | 6                      | 2.19             | *0.00                         | 8.97      | 0.00       | 0           | 4.26     |
| 991025 ORANGES - (1 orange113-125 ct)- 1/2 cup         | 1 orange        | 100       | 62                       | 0.02                   | 0                      | 12.25            | *0.00                         | 0.16      | 0.00       | 0           | 15.39    |
| 000231 MILK,Skim                                       | 8 fl. oz.       | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                               | 8 fl. oz.       | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                        | 8 fl            | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                                  | 1               | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                                 |                 |           | 625                      | 9.85                   | 887                    | *31.54           | *0.00                         | 26.91     | *0.00      | 81          | 64.21    |
| % of Calories                                          |                 |           |                          | 14.18 %                |                        | *20.19 %         | *0.00%                        | 38.8%     | *0.0%      |             | 41.1%    |
| Weekly Nutrient Guideline                              |                 |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

Wednesday - 09/16/2026      Reimbursable Meal Total 100

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993236 Cheesy Turkey Taco Rice Bowl L:/1/2 S:1/4          | serving      | 99        | 584                      | 3.81                   | 815                    | *4.30            | *0.00                         | 13.42     | *0.00      | 95          | 88.14    |
| 993237 V/VG-Cheesy Veggie Taco Rice Bowl L:/1/2 S:1/4     | serving      | 1         | 530                      | 1.67                   | 1016                   | *6.11            | *0.00                         | 6.37      | *0.00      | 0           | 95.46    |
| 000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup | 1/2 cup      | 100       | 40                       | 0.02                   | 1                      | 6.82             | *N/A*                         | 0.10      | 0.00       | 0           | 10.66    |
| 000190 Low Fat Milk - 1%                                  | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 000231 MILK,Skim                                          | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 991919 Soy Milk                                           | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                                     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                                    |              |           | 724                      | 3.81                   | 953                    | *23.14           | *0.00                         | 14.70     | *0.00      | 104         | 111.87   |
| % of Calories                                             |              |           |                          | 4.74%                  |                        | *12.78 %         | *0.00%                        | 18.3%     | *0.0%      |             | 61.8%    |
| Weekly Nutrient Guideline                                 |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Thursday - 09/17/2026      Reimbursable Meal Total 100

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993238 DC Mambo Chicken Dumplings            | 6 dumplings  | 99        | 290                      | 0.50                   | 690                    | 12.00            | *11.00                        | 7.00      | 0.00       | 35          | 41.00    |
| 993289 V/VG-DC Mambo Tofu Bites & Brown Rice | 4.48 oz      | 1         | 491                      | 1.96                   | 459                    | 11.58            | *10.00                        | 17.25     | 0.00       | 0           | 63.62    |
| 993240 Sweet Steamed Broccoli DG:3/4         | 3/4 CUP      | 100       | 58                       | 0.03                   | 412                    | 5.76             | *5.00                         | 0.31      | 0.00       | 0           | 12.58    |

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                                       | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|
| 990398 APPLES - Half Cup (100-134 ct) | 1/2 cup      | 100       | 39           | 0.02       | 1          | 7.74             | *0.00             | 0.13      | 0.00       | 0           | 10.29    |
| 000231 MILK,Skim                      | 8 fl. oz.    | 50        | 90           | 0.00       | 135        | 12.00            | 0.00              | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%              | 8 fl. oz.    | 50        | 110          | 0.00       | 135        | 12.00            | 0.00              | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                       | 8 fl         | 1         | 130          | 0.50       | 110        | 11.00            | *N/A*             | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                 | 1            | 100       | 0            | 0.00       | 0          | *0.00            | *N/A*             | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                |              |           | 490          | 0.57       | 1237       | *37.61           | *15.99            | 8.84      | 0.00       | 45          | 77.23    |
| % of Calories                         |              |           |              | 1.05%      |            | *30.70 %         | *13.05 %          | 16.2%     | 0.0%       |             | 63.0%    |
| Weekly Nutrient Guideline             |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |

Friday - 09/18/2026

Reimbursable Meal Total 100

|                                                        | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|
| 990548 Cheese Beef Burger -                            | serving      | 99        | 387          | 4.79       | 915        | 6.01             | *4.00             | 18.17     | 0.00       | 43          | 35.07    |
| 992265 V/VG Vegan Burger -                             | serving      | 1         | 280          | 0.00       | 760        | 5.00             | *4.00             | 7.00      | 0.00       | 0           | 36.00    |
| 992476 Roasted Potatoes & Sweet Potatoes -S:1/2, R:1/4 | 3/4 cup      | 100       | 152          | 0.30       | 24         | *0.00            | *0.00             | 3.83      | 0.00       | 0           | 27.18    |
| 000222 KETCHUP: individual                             | 9 gr         | 100       | 10           | 0.00       | 90         | 2.00             | 2.00              | 0.00      | 0.00       | 0           | 2.00     |
| 993280 Unsweetened Applesauce Strawberry               | 4.5 oz       | 100       | 50           | 0.00       | 0          | 12.00            | 0.00              | 0.00      | 0.00       | 0           | 14.00    |
| 000231 MILK,Skim                                       | 8 fl. oz.    | 50        | 90           | 0.00       | 135        | 12.00            | 0.00              | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                               | 8 fl. oz.    | 50        | 110          | 0.00       | 135        | 12.00            | 0.00              | 2.50      | 0.00       | 15          | 13.00    |

# Base Menu Spreadsheet

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## Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991919 Soy Milk           | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average    |              |           | 699                      | 5.05                   | 1163                   | *32.11           | *6.00                         | 23.19     | 0.00       | 53          | 91.40    |
| % of Calories             |              |           |                          | 6.50%                  |                        | *18.37 %         | *3.43%                        | 29.9%     | 0.0%       |             | 52.3%    |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Monday - 09/21/2026

Reimbursable Meal Total 100

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992450 Golden Crispy Chicken Tenders            | 3 tenders    | 99        | 260                      | 0.00                   | 390                    | 1.00             | *1.00                         | 15.00     | 0.00       | 25          | 16.00    |
| 992616 V/VG - Breaded Veggie Tenders w/WG Roll  | 4 tenders    | 1         | 500                      | 2.00                   | 1370                   | 4.00             | *2.00                         | 19.00     | 0.00       | 0           | 51.00    |
| 000242 Roasted Sweet Potato - R: 3/4 cup        | .75 cup      | 100       | 169                      | 0.34                   | 54                     | 9.72             | *0.00                         | 3.95      | 0.00       | 0           | 31.06    |
| 000222 KETCHUP: individual                      | 9 gr         | 100       | 10                       | 0.00                   | 90                     | 2.00             | 2.00                          | 0.00      | 0.00       | 0           | 2.00     |
| 992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup | 1 large      | 100       | 64                       | 0.05                   | 2                      | 12.70            | 0.00                          | 0.37      | 0.00       | 0           | 16.01    |
| 000231 MILK,Skim                                | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                        | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                 | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |

# Base Menu Spreadsheet

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## Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average    |              |           | 605                      | 0.41                   | 681                    | *37.45           | *3.01                         | 20.61     | 0.00       | 35          | 78.42    |
| % of Calories             |              |           |                          | 0.61%                  |                        | *24.76 %         | *1.99%                        | 30.7%     | 0.0%       |             | 51.8%    |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Tuesday - 09/22/2026

Reimbursable Meal Total 100

|                                             | Portion Size  | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------|---------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993230 Chicken & Cheese WW Quesadilla       | 125 gr (2 pc) | 95        | 290                      | 4.50                   | 500                    | 2.00             | *1.00                         | 11.00     | 0.00       | 45          | 29.00    |
| 992883 VG/DF- Veggie WW Quesadilla          | serving       | 5         | 439                      | 3.71                   | 635                    | 1.44             | *0.00                         | 19.59     | 0.00       | 0           | 41.72    |
| 990921 Bean Dip 1/2 Cup: L: 1/2             | 1/2 CUP       | 100       | 83                       | 0.01                   | 97                     | *0.69            | *N/A*                         | 0.03      | *0.00      | 0           | 14.42    |
| 991007 Banana - 1/2 cup (150 ct - 1 Banana) | 1/2 cup       | 100       | 105                      | 0.13                   | 1                      | 14.43            | 0.00                          | 0.39      | 0.00       | 0           | 26.95    |
| 000190 Low Fat Milk - 1%                    | 8 fl. oz.     | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 000231 MILK,Skim                            | 8 fl. oz.     | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 991919 Soy Milk                             | 8 fl          | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                       | 1             | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                      |               |           | 586                      | 4.60                   | 740                    | *29.09           | *0.95                         | 13.10     | *0.00      | 53          | 84.01    |
| % of Calories                               |               |           |                          | 7.06%                  |                        | *19.86 %         | *0.65%                        | 20.1%     | *0.0%      |             | 57.3%    |
| Weekly Nutrient Guideline                   |               |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

Wednesday - 09/23/2026      Reimbursable Meal Total 100

|                                                  | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993254 Baked Peruvian-Style Chicken Bites (PreK) | 2.87 oz         | 100       | 254                      | 1.15                   | 289                    | *1.90            | *0.00                         | 12.37     | 0.00       | 58          | 18.06    |
| 993253 V/VG-Baked Peruvian-Style Tofu Strips     | 4.48 oz         | 1         | 303                      | 2.06                   | 253                    | *3.17            | *0.00                         | 16.78     | 0.00       | 0           | 23.48    |
| 991056 VG/DF - WG Roll                           | 32 gr           | 100       | 80                       | 0.00                   | 170                    | 2.00             | *2.00                         | 1.00      | 0.00       | 0           | 15.00    |
| 993226 Baked Yuca Fries S: 1/4 cup               | 1/4 cup -2 yuca | 100       | 110                      | 0.50                   | 115                    | 0.00             | *0.00                         | 4.00      | 0.00       | 0           | 17.00    |
| 992635 Sweet Corn S:1/2                          | 1/2 CUP         | 100       | 67                       | 0.08                   | 1                      | 2.53             | *0.00                         | 0.55      | 0.00       | 0           | 15.92    |
| 991025 ORANGES - (1 orange113-125 ct)- 1/2 cup   | 1 orange        | 100       | 62                       | 0.02                   | 0                      | 12.25            | *0.00                         | 0.16      | 0.00       | 0           | 15.39    |
| 000231 MILK,Skim                                 | 8 fl. oz.       | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                         | 8 fl. oz.       | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                  | 8 fl            | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                            | 1               | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                           |                 |           | 675                      | 1.77                   | 713                    | *30.71           | *2.00                         | 19.50     | 0.00       | 68          | 94.61    |
| % of Calories                                    |                 |           |                          | 2.36%                  |                        | *18.20 %         | *1.19%                        | 26.0%     | 0.0%       |             | 56.1%    |
| Weekly Nutrient Guideline                        |                 |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Thursday - 09/24/2026      Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|
| 993131 Baked Chicken Penne Pasta R:1/2      | 3/4 cup      | 1001      | 398          | 5.38       | 339        | 5.96             | *0.64             | 12.35     | *0.00      | 67          | 47.86    |
| 993132 V/VG-Baked Chicken Penne Pasta R:1/2 | 3/4 cup      | 1         | 396          | 0.80       | 522        | 12.19            | *0.85             | 7.41      | *0.00      | 0           | 55.76    |
| 993133 Roasted Zucchini OT: 1/4             | serving      | 100       | 27           | 0.20       | 262        | *0.71            | *0.00             | 2.45      | *0.00      | 0           | 1.05     |
| 990398 APPLES - Half Cup (100-134 ct)       | 1/2 cup      | 100       | 39           | 0.02       | 1          | 7.74             | *0.00             | 0.13      | 0.00       | 0           | 10.29    |
| 000231 MILK,Skim                            | 8 fl. oz.    | 50        | 90           | 0.00       | 135        | 12.00            | 0.00              | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                    | 8 fl. oz.    | 50        | 110          | 0.00       | 135        | 12.00            | 0.00              | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                             | 8 fl         | 1         | 130          | 0.50       | 110        | 11.00            | *N/A*             | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                       | 1            | 100       | 0            | 0.00       | 0          | *0.00            | *N/A*             | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                      |              |           | 4150         | 54.10      | 3798       | *80.34           | *6.36             | 127.57    | *0.00      | 678         | 504.15   |
| % of Calories                               |              |           |              | 11.73 %    |            | *7.74%           | *0.61%            | 27.7%     | *0.0%      |             | 48.6%    |
| Weekly Nutrient Guideline                   |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |

Friday - 09/25/2026

Reimbursable Meal Total 100

|                                                         | Portion Size    | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------------------|-----------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|
| 993261 Greek Tk. Meatballs & Brown Rice Power Bowl      | serving -4 (MB) | 99        | 361          | 1.71       | 832        | 1.97             | *1.73             | 8.81      | 0.00       | 46          | 52.21    |
| 993262 V-Greek Veggie Meatballs & Brown Rice Power Bowl | serving -3 (MB) | 1         | 401          | 3.21       | 822        | 1.97             | *1.73             | 10.81     | 0.00       | 1           | 57.21    |
| 992778 Sautéed Collards Green- DG:3/4                   | 3/4 cup         | 100       | 97           | 0.41       | 141        | 4.90             | *0.00             | 5.61      | 0.01       | 0           | 11.21    |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                              | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|
| 990317 Cantaloupe - Half Cup | 1/2 cup      | 100       | 27           | 0.05       | 13         | 6.50             | *N/A*             | 0.15      | 0.00       | 0           | 6.50     |
| 000231 MILK,Skim             | 8 fl. oz.    | 50        | 90           | 0.00       | 135        | 12.00            | 0.00              | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%     | 8 fl. oz.    | 50        | 110          | 0.00       | 135        | 12.00            | 0.00              | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk              | 8 fl         | 0         | 130          | 0.50       | 110        | 11.00            | *N/A*             | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings        | 1            | 100       | 0            | 0.00       | 0          | *0.00            | *N/A*             | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average       |              |           | 585          | 2.19       | 1121       | *25.37           | *1.73             | 15.83     | 0.01       | 56          | 82.97    |
| % of Calories                |              |           |              | 3.37%      |            | *17.35 %         | *1.18%            | 24.4%     | 0.0%       |             | 56.7%    |
| Weekly Nutrient Guideline    |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |

Monday - 09/28/2026

Reimbursable Meal Total 100

|                                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-----------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|
| 993233 Teriyaki Beef Meatballs                            | 5 meatballs  | 99        | 226          | 5.00       | 760        | 7.05             | *5.00             | 14.00     | 0.00       | 45          | 11.15    |
| 993234 V/VG- Teriyaki Veggie Meatballs                    | 3 Meatballs  | 1         | 176          | 3.00       | 770        | 6.05             | *6.00             | 7.00      | 0.00       | 0           | 15.15    |
| 991056 VG/DF - WG Roll                                    | 32 gr        | 100       | 80           | 0.00       | 170        | 2.00             | *2.00             | 1.00      | 0.00       | 0           | 15.00    |
| 993235 Glazed Carrots & Green Beans R:1/2 OT:1/4          | 3/4 cup      | 100       | 110          | 2.33       | 49         | 12.49            | *9.13             | 4.51      | 0.00       | 7           | 12.44    |
| 000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup | 1/2 cup      | 1         | 40           | 0.02       | 1          | 6.82             | *N/A*             | 0.10      | 0.00       | 0           | 10.66    |
| 000231 MILK,Skim                                          | 8 fl. oz.    | 50        | 90           | 0.00       | 135        | 12.00            | 0.00              | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                                  | 8 fl. oz.    | 50        | 110          | 0.00       | 135        | 12.00            | 0.00              | 2.50      | 0.00       | 15          | 13.00    |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991919 Soy Milk           | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average    |              |           | 516                      | 7.31                   | 1114                   | *33.60           | *16.14                        | 20.70     | 0.00       | 62          | 51.73    |
| % of Calories             |              |           |                          | 12.75 %                |                        | *26.05 %         | *12.51 %                      | 36.1%     | 0.0%       |             | 40.1%    |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Tuesday - 09/29/2026

Reimbursable Meal Total 100

|                                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991162 V- WG Mini Cheese Ravioli R:1/2                | 4.34 oz (10 pc) | 99        | 279                      | 1.52                   | 447                    | 8.32             | *0.64                         | 6.48      | 0.00       | 68          | 39.36    |
| 991724 V/VG - SPAGHETTI AND VEGGIE MEAT SAUCE - R:3/4 | 1 serving       | 1         | 318                      | 0.02                   | 265                    | *9.23            | *0.00                         | 2.99      | *0.00      | 0           | 58.39    |
| 993068 Roasted Sweet Potato - R: 1/4 cup              | 1/4 cup         | 100       | 70                       | 0.27                   | 19                     | 1.47             | *0.00                         | 3.56      | 0.00       | 0           | 9.83     |
| 992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup       | 1 large         | 100       | 64                       | 0.05                   | 2                      | 12.70            | 0.00                          | 0.37      | 0.00       | 0           | 16.01    |
| 000231 MILK,Skim                                      | 8 fl. oz.       | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                              | 8 fl. oz.       | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                       | 8 fl            | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings     | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average    |              |           | 512                      | 1.82                   | 601                    | *34.50           | *0.63                         | 11.64     | *0.00      | 77          | 78.39    |
| % of Calories             |              |           |                          | 3.20%                  |                        | *26.95 %         | *0.49%                        | 20.5%     | *0.0%      |             | 61.2%    |
| Weekly Nutrient Guideline |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Wednesday - 09/30/2026                      Reimbursable Meal Total 100

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993008 Ground Turkey Fajitas                | 2 fajitas 6" | 100       | 324                      | 3.37                   | 455                    | *0.29            | *0.00                         | 13.57     | 0.00       | 91          | 30.94    |
| 993009 V/VG- Ground Crumbles Veggie Fajitas | 2 fajitas    | 1         | 263                      | 1.09                   | 618                    | *0.97            | *0.00                         | 6.58      | 0.00       | 0           | 35.72    |
| 992801 Corn Sweet - S:3/4                   | 3/4 CUP      | 100       | 100                      | 0.13                   | 1                      | 3.80             | *0.00                         | 0.83      | 0.00       | 0           | 23.88    |
| 990398 APPLES - Half Cup (100-134 ct)       | 1/2 cup      | 100       | 39                       | 0.02                   | 1                      | 7.74             | *0.00                         | 0.13      | 0.00       | 0           | 10.29    |
| 000190 Low Fat Milk - 1%                    | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 000231 MILK,Skim                            | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 991919 Soy Milk                             | 8 fl         | 0         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                       | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                      |              |           | 565                      | 3.53                   | 598                    | *23.84           | *0.00                         | 15.84     | 0.00       | 101         | 78.47    |
| % of Calories                               |              |           |                          | 5.62%                  |                        | *16.88 %         | *0.00%                        | 25.2%     | 0.0%       |             | 55.6%    |
| Weekly Nutrient Guideline                   |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

Thursday - 10/01/2026                      Reimbursable Meal Total 100

|                                                      | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|
| 991084 Chicken Nuggets Breaded                       | 4 pc (91 gr) | 100       | 210          | 2.50       | 340        | 1.00             | *0.00             | 12.00     | 0.00       | 40          | 12.00    |
| 992873 V/VG- Vegan Chicken Nuggets w/WG Roll         | 5 Nuggets    | 1         | 411          | 1.88       | 805        | 6.51             | *4.00             | 13.30     | 0.00       | 0           | 55.12    |
| 991586 Roasted Potatoes & Cauliflower- S:1/2, OT:1/4 | 3/4 cup      | 100       | 116          | 0.19       | 14         | *0.50            | *0.00             | 2.33      | 0.00       | 0           | 21.74    |
| 991603 BBQ Sauce (ss)                                | 0.44 oz      | 100       | 20           | 0.00       | 105        | 4.00             | 4.00              | 0.00      | 0.00       | 0           | 5.00     |
| 991032 Pineapple Tidbits Packaged HC                 | 4oz          | 100       | 60           | 0.00       | 0          | 14.05            | *N/A*             | 0.00      | 0.00       | 0           | 15.05    |
| 000231 MILK,Skim                                     | 8 fl. oz.    | 50        | 90           | 0.00       | 135        | 12.00            | 0.00              | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                             | 8 fl. oz.    | 50        | 110          | 0.00       | 135        | 12.00            | 0.00              | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                      | 8 fl         | 0         | 130          | 0.50       | 110        | 11.00            | *N/A*             | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                                | 1            | 100       | 0            | 0.00       | 0          | *0.00            | *N/A*             | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                               |              |           | 511          | 2.71       | 602        | *31.61           | *4.04             | 15.71     | 0.00       | 50          | 67.34    |
| % of Calories                                        |              |           |              | 4.77%      |            | *24.74 %         | *3.16%            | 27.7%     | 0.0%       |             | 52.7%    |
| Weekly Nutrient Guideline                            |              |           | 550 - 650    | <10        | <=1110     |                  | <10               |           |            |             |          |

Friday - 10/02/2026                      Reimbursable Meal Total 100

|                                                       | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|
| 993247 Creamy Avocado Chicken Rice Bowl- L:1/2, S:1/4 | serving      | 99        | 575          | 2.78       | 661        | *5.40            | *0.00             | 23.43     | *0.00      | 68          | 64.91    |

Base Menu Spreadsheet

Portion Values

Aug 24, 2026 thru Oct 2, 2026

|                                                        | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993248 V-Creamy Avocado Veggie Rice Bowl- L:1/2, S:1/4 | serving      | 1         | 581                      | 2.42                   | 852                    | *6.31            | *0.00                         | 23.07     | *0.00      | 10          | 66.73    |
| 991025 ORANGES - (1 orange113-125 ct)- 1/2 cup         | 1 orange     | 100       | 62                       | 0.02                   | 0                      | 12.25            | *0.00                         | 0.16      | 0.00       | 0           | 15.39    |
| 000231 MILK,Skim                                       | 8 fl. oz.    | 50        | 90                       | 0.00                   | 135                    | 12.00            | 0.00                          | 0.00      | 0.00       | 5           | 13.00    |
| 000190 Low Fat Milk - 1%                               | 8 fl. oz.    | 50        | 110                      | 0.00                   | 135                    | 12.00            | 0.00                          | 2.50      | 0.00       | 15          | 13.00    |
| 991919 Soy Milk                                        | 8 fl         | 1         | 130                      | 0.50                   | 110                    | 11.00            | *N/A*                         | 4.50      | 0.00       | 0           | 13.00    |
| 990556 Place Settings                                  | 1            | 100       | 0                        | 0.00                   | 0                      | *0.00            | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     |
| Weighted Daily Average                                 |              |           | 738                      | 2.80                   | 799                    | *29.77           | *0.00                         | 24.88     | *0.00      | 78          | 93.45    |
| % of Calories                                          |              |           |                          | 3.41%                  |                        | *16.14 %         | *0.00%                        | 30.3%     | *0.0%      |             | 50.7%    |
| Weekly Nutrient Guideline                              |              |           | 550 - 650                | <10                    | <=1110                 |                  | <10                           |           |            |             |          |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| Weighted Averages |  | 853                      | 7.10                   | 1060                   | *33.37           | *2.77                         | 25.64     | *0.00      | 106         | 112.43   |
| % of Calories     |  |                          | 7.49%                  |                        | *15.65 %         | *1.30%                        | 27.1%     | *0.0%      |             | 52.7%    |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data  
¹ - denotes required nutrient values  
Added Sugars target is informational only, with an effective date of July 1, 2027.  
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.