

Pre K (Ages 3-5) - Breakfast

Monday

01/01/2024

NO SCHOOL TODAY

Tuesday

01/02/2024

NO SCHOOL TODAY

Wednesday

01/03/2024

WG Banana Muffin (V)
Fresh Pears
Choice of Milk

Thursday

01/04/2024

One-Pan Breakfast Potato,
Egg Scramble & Roll (V)
Apples
Choice of Milk

Friday

01/05/2024

Pillsbury WW French
Toast Triple Berry (V)
Syrup Maple (ss)
Bananas
Choice of Milk

01/08/2024

WG Corn Muffin
Apples
Choice of Milk

01/09/2024

Homemade WW Sweet
Potatoes Waffles (V/VG)
Syrup Maple (ss)
Fresh Tangerines
Choice of Milk

01/10/2024

WG Croissant w/
American Cheese(V)
Fresh Oranges
Choice of Milk

01/11/2024

WG White Bagel w/
Cream Cheese (V)
Fresh Pears
Choice of Milk

01/12/2024

WG Cereal
Corn Flakes (V/VG)
Bananas
Choice of Milk

01/15/2024

NO SCHOOL TODAY

01/16/2024

Homemade WW
Gingerbread Muffin (V)
Apples
Choice of Milk

01/17/2024

WG English Muffin
& Chicken Patty
English Muffin w/
Meatless Patty (V/VG)
Fresh Oranges
Choice of Milk

01/18/2024

WG French
Toast Sticks (V/VG)
Syrup Maple (ss)
Fresh Pears
Choice of Milk

01/19/2024

WW Breakfast Roll &
Scramble Eggs (V)
Bananas
Choice of Milk

01/22/2024

Cereal Cheerios
Multigrain (V/VG)
Fresh Pears
Choice of Milk

01/23/2024

Pumpkin- Carrot
WW Breakfast Bar(V)
Fresh Oranges
Choice of Milk

01/24/2024

Eggo Mini Maple
WW Waffles (V)
Syrup Maple (ss)
Fresh Tangerines
Choice of Milk

01/25/2024

Homemade Chocolate Chip
Oatmeal WW Muffin
Apples
Choice of Milk

01/26/2024

NO SCHOOL TODAY

01/29/2024

Turkey Sausage Patty
& WG Pancakes
Veggie Patty
& WG Pancakes (V)
Syrup Maple (ss)
Apples
Choice of Milk

01/30/2024

WW Egg Burrito
Fresh Pears
Choice of Milk

01/31/2024

Cereal WG Cheerios (V/VG)
Assorted Light Yogurt
Bananas
Choice of Milk

02/01/2024

WG Banana Muffin (V)
Fresh Oranges
Choice of Milk

02/02/2024

WG Emoji Waffles (V)
Syrup Maple (ss)
Fresh Tangerines
Choice of Milk

Must serve all three (3) components for reimbursable meal. MILK: 6 oz (unflavored 1% or fat free), 1/2 cup of vegetables or fruits.

Available Choice of Milk: Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request).

**Locally Grown Components Daily Served: According to the season fruits and vegetables locally grown will be added on
Breakfast and/or Lunch menu: Apples (PA), Sweet Potato (MD / PA/ NC)**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat

Please reach out to us if you have questions or comments at menu@luncherasdisi.com

Dec 18, 2023