



Milk, grain, fruit, vegetables,  
meat or meat alternative

# LUNCH

Pre K (Ages 3-5) - Lunch  
BRIYA PCS- LUNCH -PreK3-PreK4



**Menu subject to change. For any feedback please  
contact us directly at [menu@luncherasdisi.com](mailto:menu@luncherasdisi.com)**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>05/04/2026</p> <p>Crispy Chicken Burger Vegan Burger (V/VG) Buttered Peas &amp; Corn Ketchup (ss) Fresh Oranges Choice of Milk</p>	<p>05/05/2026</p> <p>WG Jumbo Cheese Ravioli w/ Marinara Sauce (V) Steamed Carrots Apples Choice of Milk</p>	<p>05/06/2026</p> <p>Jerk Chicken &amp; Brown Rice Jerk Chicken Meatless &amp; Brown Rice (V/VG) BBQ Sauce (ss) Green Beans &amp; Broccoli Fresh Tangerines Choice of Milk</p>	<p>05/07/2026</p> <p>NO SCHOOL TODAY</p>	<p>05/08/2026</p> <p>NO SCHOOL TODAY</p>
<p>05/11/2026</p> <p>Baked Chicken over WG Mac &amp; Cheese Baked Chicken Meatless over WG Mac &amp; Cheese (V) Steamed Carrots Fresh Tangerines Choice of Milk</p>	<p>05/12/2026</p> <p>Golden Crispy Chicken Tenders Breaded Veggie Tender w/ WG Roll (V/VG) Garlic Roasted Potatoes Ketchup (ss) Bananas Choice of Milk</p>	<p>05/13/2026</p> <p>Cheese Beef Burger &amp; WG Bun Vegan Burger (V/VG) Ketchup (ss) Garlic Roasted Potatoes Fresh Oranges Choice of Milk</p>	<p>05/14/2026</p> <p>WG Jumbo Cheese Ravioli w/ Marinara Sauce (V) Steamed Broccoli Apples Choice of Milk</p>	<p>05/15/2026</p> <p>WW Chicken Fajitas Ck. Meatless Fajita(V/VG) Cheesy Refried Beans Fresh Strawberries Choice of Milk</p>
<p>05/18/2026</p> <p>Sliced Beef Patty Sliced Vegan Patty (V/VG) Steamed Brown Rice Baked Plantains Fresh Oranges Choice of Milk</p>	<p>05/19/2026</p> <p>Baked Chicken WG Penne Pasta Baked Chicken Meatless WG Penne Pasta (V/VG) Roasted Zucchini Bananas Choice of Milk</p>	<p>05/20/2026</p> <p>Breaded Chicken Nuggets Veggie Nuggets w/WG Roll Roasted Broccoli &amp; Potato Medley BBQ Sauce (ss) Fresh Tangerines Choice of Milk</p>	<p>05/21/2026</p> <p>WW Turkey Tacos Al Pastor WW Veggie Tacos (V/VG) Black Bean Dip Sour Cream (ss) Apples Choice of Milk</p>	<p>05/22/2026</p> <p>Stuffed Crust Pizza w/ Cheese (V) Sweet Potatoes Fresh Pears Choice of Milk</p>
<p>05/25/2026</p> <p>NO SCHOOL TODAY</p>	<p>05/26/2026</p> <p>Cheese Lunch Pizza w/ Chicken &amp; Beef Pepperoni Cheese Lunch Pizza (V) Roasted Potatoes &amp; Cauliflower Medley Fresh Tangerines Choice of Milk</p>	<p>05/27/2026</p> <p>WG Mac &amp; Cheddar Cheese Sauce (V) Sweet Potatoes Fresh Strawberries Choice of Milk</p>	<p>05/28/2026</p> <p>Grilled Chicken over Brown Rice Grilled Chicken Meatless over Brown Rice (VG/DF) Baked Plantains Bananas Choice of Milk</p>	<p>05/29/2026</p> <p>Ground Turkey Fajitas Veggie Fajitas (V/VG) Sweet Corn Sour Cream (ss) Apples Choice of Milk</p>

**Must serve all five (5) components for a reimbursable meal. 6 oz of Milk . 1.5 oz of Meat or Meat Alternative, % serving of grain, 1/4 cup of vegetables and/or 1/4 cup of fruits. Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy (Upon Request).** PreK will always have sliced or finely chopped fruits.

**Locally Grown Components Daily Served : According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Green Beans (DE), Potato (PA), Sweet Potato (NC/PA), Green Peas (NJ), Corn (NJ), Kale (NJ), Collards Green (NJ), Peppers (PA)**

**Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.**

**WG = Whole Grain WW = Whole Wheat**