



BREAKFAST

milk, grain, fruit, meat or meat alternative

Menu subject to change. For any feedback please contact us directly at menu@luncherasdisi.com



Monday	Tuesday	Wednesday	Thursday	Friday
10/05/2026 WG Waffle Stuffed w/ Chicken & Cheese Whole Grain Waffles (V) Syrup Maple (ss) Apples Choice of Milk	10/06/2026 Cereal WG Cheerios (V/VG) Yoplait Yogurt Bananas Choice of Milk	10/07/2026 Whole Grain Pancakes (V) Syrup Maple (ss) Fresh Pears Choice of Milk	10/08/2026 Cheddar Cheese Frittata-V White WW Loaf Fresh Oranges Choice of Milk	10/09/2026 WG Croissant w/ American Cheese(V) Fresh Watermelon Choice of Milk
10/12/2026 NO SCHOOL TODAY	10/13/2026 NO SCHOOL TODAY	10/14/2026 WG Cereal Corn Flakes (V/VG) Yoplait Yogurt Fresh Strawberries Choice of Milk	10/15/2026 WG French Toast Sticks (V/VG) Syrup Maple (ss) Bananas Choice of Milk	10/16/2026 Blueberry Lemon Yogurt Whole Wheat Muffins Fresh Oranges Choice of Milk
10/19/2026 Cereal WG Cheerios (V/VG) Yoplait Yogurt Fresh Tangerines Choice of Milk	10/20/2026 Breakfast Bowl w/Potato Tk. Bacon, egg & cheese Veggie Bowl w/Potato, crumbles, egg & cheese(V) Bananas Choice of Milk	10/21/2026 WG Apple Cinnan. Muffin-V Go Gurts Fresh Pears Choice of Milk	10/22/2026 WG English Muffin w/ Chicken Patty & A. Cheese WG English Muffin w/ Veggie Patty & Cheese (V) Ketchup (ss) Apples Choice of Milk	10/23/2026 Eggo Mini Maple WW Waffles (V) Syrup Maple (ss) Applesauce Choice of Milk
10/26/2026 Homemade WW Banana Bread (V) Applesauce Strawberry Choice of Milk	10/27/2026 Egg Spanish Tortilla w/ Potatoes & Onions (V/DF) White WW Loaf Bananas Choice of Milk	10/28/2026 WG Cereal Corn Flakes (V/VG) Yoplait Yogurt Fresh Apples Choice of Milk	10/29/2026 NO BREAKFAST	10/30/2026 NO SCHOOL TODAY

Must serve all three (3) components for reimbursable meal. MILK: 6 oz (unflavored 1% or fat free), %o serving of grain, 1/2 cup of vegetables or fruits.

Available Choice of Milk: **Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request).**

Locally Grown Components Daily Served : **According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA).**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat