

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

Menu Name:	BRIYA PCS -LUNCH -PreK3-PreK4 GA	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 10/05/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993134 Baked Chicken over Mac & Cheese - (Cheese Sauce)	1 Portion	100	373	6.32	687	2.05	*0.00	12.64	0.00	51	46.00
993135 V- Baked Chicken Meatless over Mac & Cheese	1 Portion	1	380	6.02	740	2.50	*0.00	12.49	0.00	30	46.91
991668 Roasted Cauliflower & Potatoes & OT: 1/2, S:1/4	3/4 cup	100	100	0.35	19	*1.00	*0.00	4.69	0.00	0	12.75
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			616	6.75	849	*21.90	*0.00	18.81	0.00	62	82.88
% of Calories				9.86%		*14.22 %	*0.00%	27.5%	0.0%		53.8%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Tuesday - 10/06/2026 Reimbursable Meal Total 100

Base Menu Spreadsheet

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Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990349 Chicken Fajitas	2 fajitas	100	431	2.64	510	*4.38	*0.00	20.61	0.00	41	39.56
991761 Chicken Meatless Fajitas	2 fajitas	1	459	2.06	646	*5.38	*0.00	20.57	0.00	0	41.56
993322 Flamed Roasted Corn & Black Beans - L:1/2, S:1/4	3/4 cup	100	215	0.52	132	*6.60	*0.00	4.60	*0.00	0	33.46
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			789	3.21	784	*30.77	*0.00	26.79	*0.00	51	96.72
% of Calories				3.66%		*15.60 %	*0.00%	30.6%	*0.0%		49.0%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Wednesday - 10/07/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993277 Asian BBQ Ground Turkey	2.87 oz	99	184	2.29	624	6.76	*0.00	8.39	*0.00	91	11.99
993278 V/VG- Veggie Asian BBQ (V/VG)	80 gr	1	146	0.02	868	7.68	*0.00	1.88	*0.00	0	18.43
993266 Vegetable Fried Rice R:1/4, S:1/4, OT:1/4	serving	100	289	0.20	521	5.30	*0.00	4.25	0.00	0	55.05
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12.25	*0.00	0.16	0.00	0	15.39

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			635	2.50	1283	*36.42	*0.00	14.03	*0.00	100	95.63
% of Calories				3.54%		*22.94 %	*0.00%	19.9%	*0.0%		60.2%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Thursday - 10/08/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993263 Stuffed Crust Pizza w/Cheese & Pepperoni	137 gr/5peppero	99	362	5.54	975	4.00	*1.00	16.78	0.00	22	36.23
993087 V- Stuffed Crust Pizza w/Cheese	137 gr	1	330	4.50	850	4.00	*1.00	14.00	0.00	15	36.00
992782 Roasted Sweet Potato - R: 1/2 cup	1/2 cup	100	98	0.28	37	2.86	*0.00	3.58	0.00	0	16.52
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	100	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			665	5.94	1147	*33.30	*1.00	21.97	0.00	32	92.70
% of Calories				8.04%		*20.03 %	*0.60%	29.7%	0.0%		55.8%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Friday - 10/09/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990777 Roasted Chicken	2.87 oz	100	116	0.81	135	*0.24	*0.00	4.70	0.00	41	2.87
991871 V/VG- Roasted Chicken Meatless	2.87 oz	1	141	0.23	263	*1.20	*0.00	4.60	0.00	0	4.80
991934 Brown Rice w/ Bl. Beans & Sweet Plantains	serving	100	393	0.21	170	*10.67	*0.30	4.85	0.00	0	76.45
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			651	1.04	445	*29.85	*0.30	10.99	0.00	51	103.16
% of Calories				1.44%		*18.34 %	*0.18%	15.2%	0.0%		63.4%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

Monday - 10/12/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Tuesday - 10/13/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Wednesday - 10/14/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993223 WW Chicken Empanada	2.8 oz	90	170	4.00	420	1.00	*1.00	7.00	0.00	30	17.00
993275 VG/DF- Veggie WW Quesadilla	serving	10	364	2.10	520	1.18	*0.00	12.70	0.00	0	37.77

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993330 Warm Calabacitas w/zucchini & corn OT: 1/2	1/2 cup	100	82	0.34	103	*5.06	*0.00	4.21	*0.00	0	9.73
991277 Ranch Dressing (ss)	1 ss (pouch)	100	20	0.00	80	1.00	*N/A*	0.00	0.00	0	4.00
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			431	4.17	749	*26.82	*0.90	13.15	*0.00	37	56.10
% of Calories				8.71%		*24.89 %	*0.84%	27.5%	*0.0%		52.1%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Thursday - 10/15/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991733 PreK-V- Macaroni & Cheese - (Cheddar Cheese Sauce)	1 Portion	100	397	9.66	733	2.05	*0.00	17.04	0.00	48	46.61
991088 BROCCOLI FLORETS Steamed DG:3/4	3/4 CUP	100	23	0.00	11	0.68	*N/A*	0.25	0.00	0	4.53
000339 STRAWBERRIES,FRESH - Half cup	5 large straw	100	29	0.01	1	4.40	*0.00	0.27	0.00	0	6.91
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			550	9.68	881	*19.24	*0.00	18.86	0.00	58	71.18
% of Calories				15.84 %		*13.99 %	*0.00%	30.9%	0.0%		51.8%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Friday - 10/16/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993267 American Cheese Crispy Chicken Burger (3.1oz)	serving	99	425	3.75	1040	5.00	*4.00	17.00	0.00	32	44.00
992265 V/VG Vegan Burger -	serving	1	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
992509 Garlic Roasted Potatoes 3/4 cup: S: 3/4	3/4 cup	100	228	0.41	17	*0.01	*0.00	4.87	0.00	0	42.65
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
990317 Cantaloupe - Half Cup	1/2 cup	100	27	0.05	13	6.50	*N/A*	0.15	0.00	0	6.50
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			789	4.17	1292	*25.51	*6.00	23.17	0.00	42	108.07
% of Calories				4.76%		*12.93 %	*3.04%	26.4%	0.0%		54.8%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Monday - 10/19/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993233 Teriyaki Beef Meatballs	5 meatballs	90	226	5.00	760	7.05	*5.00	14.00	0.00	45	11.15
993234 V/VG- Teriyaki Veggie Meatballs	3 Meatballs	10	176	3.00	770	6.05	*6.00	7.00	0.00	0	15.15
000341 WG Biscuit - 1 oz	28 g	100	100	4.00	210	1.00	1.00	5.00	0.00	0	14.00
991803 Green Beans, Broccoli Medley DG:1/2, OT:1/4	3/4	100	73	0.33	8	1.12	*0.00	5.48	0.00	0	6.69
990597 PEACHES, DICED IN JUICE SS PLASTIC CUP - HC	HC	100	80	0.00	5	18.00	*N/A*	0.00	0.00	0	19.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			574	9.13	1119	*39.07	*6.10	25.04	0.00	50	64.24
% of Calories				14.32 %		*27.23 %	*4.25%	39.3%	0.0%		44.8%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Tuesday - 10/20/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993247 Creamy Avocado Chicken Rice Bowl- L:1/2, S:1/4	serving	99	575	2.78	661	*5.40	*0.00	23.43	*0.00	68	64.91
993248 V-Creamy Avocado Veggie Rice Bowl- L:1/2, S:1/4	serving	1	581	2.42	852	*6.31	*0.00	23.07	*0.00	10	66.73
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			714	2.80	799	*25.15	*0.00	24.81	*0.00	78	88.22
% of Calories				3.53%		*14.09 %	*0.00%	31.3%	*0.0%		49.4%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Wednesday - 10/21/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991095 Baked Chicken Penne Pasta R:1/2, Ot: 1/4	3/4 cup	99	402	5.41	341	6.66	*0.64	12.45	*0.00	67	48.74
991870 V/VG-Baked Chicken Penne Pasta R:1/2, Ot: 1/4	3/4 cup	1	401	0.83	524	12.89	*0.85	7.51	*0.00	0	56.64
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			543	5.38	480	*25.66	*0.64	13.79	*0.00	76	72.61
% of Calories				8.92%		*18.90 %	*0.47%	22.9%	*0.0%		53.5%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Thursday - 10/22/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991084 Chicken Nuggets Breaded	4 pc (91 gr)	99	210	2.50	340	1.00	*0.00	12.00	0.00	40	12.00
992873 V/VG- Vegan Chicken Nuggets w/WG Roll	5 Nuggets	1	411	1.88	805	6.51	*4.00	13.30	0.00	0	55.12
000242 Roasted Sweet Potato - R: 3/4 cup	.75 cup	100	169	0.34	54	9.72	*0.00	3.95	0.00	0	31.06
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12.25	*0.00	0.16	0.00	0	15.39
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			552	2.86	624	*37.02	*2.04	17.37	0.00	50	73.89
% of Calories				4.66%		*26.83 %	*1.48%	28.3%	0.0%		53.5%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Friday - 10/23/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993254 Baked Peruvian-Style Chicken Bites (PreK)	2.87 oz	100	254	1.15	289	*1.90	*0.00	12.37	0.00	58	18.06
993253 V/VG-Baked Peruvian-Style Tofu Strips	4.48 oz	1	303	2.06	253	*3.17	*0.00	16.78	0.00	0	23.48
992099 Steamed Brown Rice - 1 oz gr	1/2 cup	100	100	0.00	4	0.00	*0.00	0.67	0.00	0	21.33
990127 Baked Plantains - S: 1/2 cup	1/2 cup	100	133	1.05	4	12.96	0.00	5.04	*0.00	2	23.60
993226 Baked Yuca Fries S: 1/4 cup	1/4 cup -2 yuca	100	110	0.50	115	0.00	*0.00	4.00	0.00	0	17.00
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			764	2.76	552	*39.59	*0.00	23.87	*0.00	71	109.23
% of Calories				3.25%		*20.73 %	*0.00%	28.1%	*0.0%		57.2%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Monday - 10/26/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991162 V- WG Mini Cheese Ravioli R:1/2	4.34 oz (10 pc)	99	279	1.52	447	8.32	*0.64	6.48	0.00	68	39.36
991724 V/VG - SPAGHETTI AND VEGGIE MEAT SAUCE - R:3/4	1 serving	1	318	0.02	265	*9.23	*0.00	3.00	*0.00	0	58.39
993006 Rosted Eggplant OT:1/4 cup	1/4	100	93	0.65	5	1.47	*0.00	8.93	0.00	0	3.06
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			535	2.20	588	*34.49	*0.63	17.00	*0.00	77	71.62
% of Calories				3.70%		*25.79 %	*0.47%	28.6%	*0.0%		53.5%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Tuesday - 10/27/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990149 Beef Burger	1 serving	95	367	3.54	734	5.39	*4.38	16.36	0.00	35	36.74
992265 V/VG Vegan Burger -	serving	5	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
000242 Roasted Sweet Potato - R: 3/4 cup	.75 cup	100	169	0.34	54	9.72	*0.00	3.95	0.00	0	31.06
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12.25	*0.00	0.16	0.00	0	15.39
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			703	3.73	1015	*41.34	*6.36	21.25	0.00	44	98.16
% of Calories				4.78%		*23.52 %	*3.62%	27.2%	0.0%		55.9%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Wednesday - 10/28/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993137 V- WG Cheese Pizza Bites	4.56oz (129gr)	100	270	3.00	750	5.00	*N/A*	9.00	0.00	0	24.00
992635 Sweet Corn S:1/2	1/2 CUP	100	67	0.08	1	2.53	*0.00	0.55	0.00	0	15.92
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			477	3.10	887	*26.36	*0.00	10.90	0.00	10	63.58
% of Calories				5.85%		*22.10 %	*0.00%	20.6%	0.0%		53.3%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Thursday - 10/29/2026 Reimbursable Meal Total 100

Base Menu Spreadsheet

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Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991706 Turkey Breast & Provolone WW Sandwich	serving	99	366	5.51	1226	7.22	*2.80	17.51	0.00	45	29.96
992831 V- Provolone Cheese WW Sandwich	serving	1	356	10.51	753	4.42	*0.00	19.10	0.00	45	27.15
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
991994 BROCCOLI, raw: fresh DG:3/4	3/4 CUP	100	23	0.00	11	0.68	*N/A*	0.25	0.00	0	4.53
992046 WG Chat Snack Vanilla Graham	1oz	100	120	0.00	105	8.00	8.00	4.00	0.00	0	21.00
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			658	5.58	1563	*37.62	*12.78	23.15	0.00	55	80.75
% of Calories				7.63%		*22.87 %	*7.77%	31.7%	0.0%		49.1%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

Friday - 10/30/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 30, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10				

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
Weighted Averages		626	4.41	886	*31.18	*2.16	19.11	*0.00	56	84.04
% of Calories			6.34%		*19.92 %	*1.38%	27.5%	*0.0%		53.7%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.